

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: GZVN

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Broux Yves

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 15: 200M MEDLEY WOMEN					Heat:3, starttime: 09:07
Heat: 3/4 Lane : 6 Athlete: VERVLOET ZOé					Q-time: 02:23:93
PB (50m pool): 02:23.93 Antwerpen 22/03/2026					PB (25m pool): 02:20.32 SB: 02:23.93 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.15	01:08.34	01:49.88	02:23.93	
	00:31.15	00:37.19	00:41.54	00:34.05	
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN					Heat:6, starttime: 10:51
Heat: 6/9 Lane : 1 Athlete: VERVLOET ZOé					Q-time: 00:59:59
PB (50m pool): 00:59.59 Antwerpen 08/03/2026					PB (25m pool): 00:58.14 SB: 00:59.59 Antwerpen 08/03/2026
	5 0 M	1 0 0 M			
PB	00:28.82	00:59.59			
	00:28.82	00:30.77			
					

Coach feedback: